

HEALTH CARE COST TOOLS

Quick Reference Guide



Think about your financial health

Your health is a complex picture. It includes many different aspects of your life, including your financial well-being.

We want to make sure our members get the most out of their health care budget. That's why we give you tools and resources like these that help you manage out-of-pocket costs, save money and make more informed decisions about your health care spending.

Know before you go



Finding the right provider

When you visit a Preferred, or in-network, provider, you typically receive more coverage and pay less out of pocket compared to visiting a provider who is not in our network.

You can use the **National Doctor and Hospital Finder** to find Preferred providers in your area by visiting provider.fepblue.org. Plus, MyBlue® users can use the tool to see the estimated total cost of procedures.



Research your benefits

You may need prior approval and/or precertification, depending on the type of care you need. Your doctor or facility will usually submit your approval requests, but you should always ask to make sure they've contacted us and provided the information we need.

You can call the number on the back of your member ID card to see if we have received the request. Learn more at fepblue.org/mycard.



Did you know you can access many health care cost tools through the **fepblue** mobile app? Download it free on the App Store® and Google Play™ so you have it when you need it.





Prescription drug costs

Your prescriptions are another area where you can save on health care costs. With the **Prescription Drug Cost Tool**, anyone can compare costs for brand-name and generic medications, preview what you'll pay at the pharmacy and more. Try it at fepblue.org/rxcosts.

Or, you can log in to MyBlue to access the **Personalized Drug Cost Tool**. You'll see the cost of your current prescription drugs for the specific plan you're enrolled in. Get started at fepblue.org/myblue.



Check your Financial Dashboard

Your **Financial Dashboard** is your go-to resource to find all of your health care data in one place. Plus, you can see ways to save money. Simply log in to MyBlue to access your Financial Dashboard at any time. Use it to see your deductibles, out-of-pocket costs, medical claims and more. Visit fepblue.org/financial-dashboard to get started.



See how else we can help you save

Visit fepblue.org to learn more about our tools and resources that can help you manage your health care costs.

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This is a summary of the features of the Blue Cross and Blue Shield Service Benefit Plan. Before making a final decision, please read the Plan's Federal Employees Health Benefits Program brochures (FEP Blue Standard® and FEP Blue Basic®: RI 71-005; FEP Blue Focus®: RI 71-017) and the Postal Service Health Benefits Program brochures (FEP Blue Standard and FEP Blue Basic: RI 71-020; FEP Blue Focus: RI 71-025). All benefits are subject to the definitions, limitations and exclusions set forth in the Federal brochures.

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