

Federal Employee Program.
Blue Cross Blue Shield Association 750 9th St NW, Suite 900
Washington, D.C. 20001
1-800-624-5060
Fax 1-877-378-4727

5.20.005

Section: Prescription Drugs Effective Date: January 1, 2025

Subsection: Biologicals Original Policy Date: July 11, 2014

Subject: Ragwitek Page: 1 of 5

Last Review Date: December 13, 2024

# Ragwitek

## **Description**

Ragwitek (short ragweed pollen allergen extract)

#### **Background**

Ragwitek is a short ragweed pollen extract formulated into a daily sublingual tablet used to treat short ragweed pollen-induced hay fever / allergies that can cause sneezing, runny or stuffy nose and watery eyes (1).

#### **Regulatory Status**

FDA-approved indication: Ragwitek is an allergen extract indicated as immunotherapy for the treatment of short ragweed pollen-induced allergic rhinitis, with or without conjunctivitis, confirmed by positive skin test or *in vitro* testing for pollen-specific IgE antibodies for short ragweed pollen. Ragwitek is approved for use in persons 5 through 65 years of age (1).

Ragwitek has a boxed warning concerning severe allergic reactions including anaphylaxis and laryngopharyngeal swelling which may be life threatening. The initial dose of Ragwitek must be administered in a healthcare setting under the supervision of a physician and they must be monitored for at least 30 minutes to watch for signs and symptoms of life-threatening systemic or local allergic reaction. If the patient tolerates the first dose, subsequent doses may be taken at home. Patients should be prescribed an auto-injectable epinephrine and instructed on its appropriate use. Patients should seek immediate medical care upon use of auto-injectable epinephrine and to stop treatment with Ragwitek. Ragwitek therapy might not be suitable for patients with certain underlying medical conditions or who may be unresponsive to epinephrine or inhaled bronchodilators, such as patients on beta-blockers (1).

Section: Prescription Drugs Effective Date: January 1, 2025

Subsection: Biologicals Original Policy Date: July 11, 2014

Subject: Ragwitek Page: 2 of 5

Ragwitek is contraindicated in patients with severe, unstable or uncontrolled asthma (rescue inhaler use greater than 2 days or more per week; significantly impaired activity levels due to troublesome symptoms), a history of any severe systemic allergic reaction or severe local reaction after taking any sublingual allergen immunotherapy. Eosinophilic esophagitis has been reported in association with sublingual tablet immunotherapy. Discontinue Ragwitek and consider a diagnosis of eosinophilic esophagitis in patients who experience severe or persistent gastro-esophageal including dysphagia or chest pain. Ragwitek is contraindicated in patients with eosinophilic esophagitis (1).

Ragwitek can cause local reactions in the mouth or throat that could compromise upper airway. Consider discontinuation of Ragwitek in patients who experience persistent and escalating adverse reactions (1).

Ragwitek has not been studied in subjects who are receiving concomitant allergen immunotherapy. Concomitant dosing of Ragwitek with other allergen immunotherapy may increase the likelihood of local or systemic adverse reactions to either subcutaneous or sublingual allergen immunotherapy (1).

The safety and effectiveness of Ragwitek in patients younger than 5 years of age or older than 65 years of age have not been established (1).

### **Related policies**

Grastek, Oralair

#### **Policy**

This policy statement applies to clinical review performed for pre-service (Prior Approval, Precertification, Advanced Benefit Determination, etc.) and/or post-service claims.

Ragwitek may be considered **medically necessary** if the conditions indicated below are met.

Ragwitek may be considered **investigational** for all other indications.

## **Prior-Approval Requirements**

Age 5 through 65 years of age

**Diagnosis** 

Section: Prescription Drugs Effective Date: January 1, 2025

Subsection: Biologicals Original Policy Date: July 11, 2014

Subject: Ragwitek Page: 3 of 5

Patient must have the following:

Short ragweed pollen-induced allergic rhinitis

### **AND ALL** of the following:

- Confirmation with either a positive skin test or in vitro testing for pollenspecific IgE antibodies for short ragweed pollen
- 2. Physician has adequate training and experience in the treatment of allergic diseases
- 3. Patient has shown unacceptable response to at least one oral or intranasal steroid and at least one oral antihistamine
- Absence of severe, unstable or uncontrolled asthma (rescue inhaler use greater than 2 days or more per week; significantly impaired activity levels due to troublesome symptoms)
- 5. Absence of eosinophilic esophagitis
- 6. Auto-injectable epinephrine has been prescribed and the patient instructed in its use
- 7. Will **NOT** be used with other allergen immunotherapies
- 8. **NO** history of severe local reaction to sublingual allergen immunotherapy

# Prior - Approval Renewal Requirements

Age 5 through 65 years of age

#### **Diagnosis**

Patient must have following:

Short ragweed pollen-induced allergic rhinitis

#### **AND ALL** of the following:

- Absence of severe, unstable or uncontrolled asthma (rescue inhaler use greater than 2 days or more per week; significantly impaired activity levels due to troublesome symptoms)
- 2. Absence of eosinophilic esophagitis
- 3. Will **NOT** be used with other allergen immunotherapies

## Policy Guidelines

Section: Prescription Drugs Effective Date: January 1, 2025

Subsection: Biologicals Original Policy Date: July 11, 2014

Subject: Ragwitek Page: 4 of 5

## Pre - PA Allowance

None

## **Prior - Approval Limits**

**Quantity** 90 tablets per 90 days

**Duration** 12 months

# Prior - Approval Renewal Limits

Same as above

### Rationale

### **Summary**

Ragwitek is an allergen extract used to treat short ragweed pollen-induced allergic rhinitis with or without conjunctivitis confirmed by positive skin test or in vitro testing for pollen-specific IgE antibodies for short ragweed pollen. The safety and effectiveness of Ragwitek in patients younger than 5 years of age or older than 65 years of age have not been established (1).

Prior authorization is required to ensure the safe, clinically appropriate, and cost-effective use of Ragwitek while maintaining optimal therapeutic outcomes.

#### References

Ragwitek [package insert]. Horsholm, Denmark: ALK-Abello Inc.; April 2021.

Policy History	
Date	Action
July 2014	New Policy Addition
September 2014	Annual review and reference update
	Addition of no history of severe local reaction to sublingual allergen
	immunotherapy and clarification of uncontrolled asthma per SME
	Age requirement changed to 18 years to 65 years of age
December 2014	Annual review and reference update
December 2015	Annual editorial review
September 2016	Annual editorial review and reference update

Section:Prescription DrugsEffective Date:January 1, 2025Subsection:BiologicalsOriginal Policy Date:July 11, 2014

Subject: Ragwitek Page: 5 of 5

Policy code changed from 5.08.34 to 5.20.05 December 2017 Annual editorial review and reference update Addition of no dual therapy to renewal criteria November 2018 Annual review and reference update December 2019 Annual review December 2020 Annual review and reference update May 2021 Changed age requirement from 18 to 65 years of age to 5 to 65 years of age per newest package insert September 2021 Annual review September 2022 Annual review September 2023 Annual review December 2023 Annual review September 2024 Annual review December 2024 Annual review **Keywords** 

This policy was approved by the FEP® Pharmacy and Medical Policy Committee on December 13, 2024 and is effective on January 1, 2025.