

Federal Employee Program.

Blue Cross Blue Shield Association 750 9th St NW, Suite 900 Washington, D.C. 20001 1-800-624-5060 Fax 1-877-378-4727

# 5.60.051

Section: Prescription Drugs Effective Date: January 1, 2025

Subsection: Central Nervous System Drugs Original Policy Date: May 14, 2021

Subject: Apomorphine Page: 1 of 4

Last Review Date: December 13, 2024

## **Apomorphine**

### Description

Apokyn (apomorphine) subcutaneous injection, Kynmobi (apomorphine) sublingual film

#### Background

Apomorphine is a non-ergoline dopamine agonist with high in vitro binding affinity for the dopamine  $D_4$  receptor, and moderate affinity for the dopamine  $D_2$ ,  $D_3$ , and  $D_5$ , and adrenergic  $\alpha_1D$ ,  $\alpha_2B$ ,  $\alpha_2C$  receptors. The precise mechanism of action of apomorphine as a treatment for Parkinson's disease is unknown, although it is believed to be due to stimulation of post-synaptic dopamine D2-type receptors within the caudate-putamen in the brain (1-2).

#### **Regulatory Status**

FDA-approved indications:

- Apokyn is indicated for the acute, intermittent treatment of hypomobility, "off" episodes ("end-of-dose wearing off" and unpredictable "on/off" episodes) associated with advanced Parkinson's disease (1).
- Kynmobi is indicated for the acute, intermittent treatment of "off" episodes in patients with Parkinson's disease (2).

Apomorphine is contraindicated in patients using concomitant drugs of the 5HT<sub>3</sub> antagonist class including antiemetics (e.g., ondansetron, granisetron, dolasetron, palonosetron) and alosetron. There have been reports of profound hypotension and loss of consciousness when apomorphine was administered with ondansetron (1-2).

# 5.60.051

Section: Prescription Drugs Effective Date: January 1, 2025

Subsection: Central Nervous System Drugs Original Policy Date: May 14, 2021

Subject: Apomorphine Page: 2 of 4

Apomorphine may cause syncope, hypotension, or orthostatic hypotension. Patients taking concomitant antihypertensive medications or vasodilators should have blood pressure monitored (1-2).

There are reports of a dose related prolongation of QTc interval after apomorphine exposure. The risks and benefits of apomorphine treatment should be considered prior to initiating treatment with apomorphine in patients with risk factors for prolonged QTc (1-2).

The safety and effectiveness of apomorphine in pediatric patients less than 18 years of age have not been established (1-2).

### Related policies

Inbrija, Nourianz, Nuplazid, Tasmar

### Policy

This policy statement applies to clinical review performed for pre-service (Prior Approval, Precertification, Advanced Benefit Determination, etc.) and/or post-service claims.

Apomorphine may be considered **medically necessary** if the conditions indicated below are met.

Apomorphine may be considered **investigational** for all other indications.

### **Prior-Approval Requirements**

Age 18 years of age or older

### **Diagnosis**

Patient must have the following:

Parkinson's disease experiencing "off" episodes

#### **AND ALL** of the following:

- 1. Used in combination with carbidopa/levodopa
- 2. Inadequate control of Parkinson's off episodes on maximum tolerated doses of carbidopa/levodopa therapy

Section: Prescription Drugs Effective Date: January 1, 2025

Subsection: Central Nervous System Drugs Original Policy Date: May 14, 2021

Subject: Apomorphine Page: 3 of 4

3. **NOT** used in combination with a 5HT3 antagonist (e.g., ondansetron, granisetron, dolasetron, palonosetron, alosetron)

4. Prescriber agrees to monitor for QTc prolongation

### Prior - Approval Renewal Requirements

Age 18 years of age or older

### **Diagnosis**

Patient must have the following:

Parkinson's disease experiencing "off" episodes

### AND ALL of the following:

- 1. Improvement in Parkinson's symptoms (e.g., reduction in daily off time, improvement in motor function post-administration)
- 2. Used in combination with carbidopa/levodopa
- 3. **NOT** used in combination with a 5HT3 antagonist (e.g., ondansetron, granisetron, dolasetron, palonosetron, alosetron)
- 4. Prescriber agrees to monitor for QTc prolongation

### **Policy Guidelines**

### Pre - PA Allowance

None

## **Prior - Approval Limits**

**Duration** 6 months

### Prior - Approval Renewal Limits

**Duration** 12 months

#### Rationale

Section: Prescription Drugs Effective Date: January 1, 2025

Subsection: Central Nervous System Drugs Original Policy Date: May 14, 2021

Subject: Apomorphine Page: 4 of 4

### **Summary**

Apomorphine is a non-ergoline dopamine agonist with high in vitro binding affinity for the dopamine  $D_4$  receptor, and moderate affinity for the dopamine  $D_2$ ,  $D_3$ , and  $D_5$ , and adrenergic  $\alpha_1D$ ,  $\alpha_2B$ ,  $\alpha_2C$  receptors. The precise mechanism of action of apomorphine as a treatment for Parkinson's disease is unknown, although it is believed to be due to stimulation of post-synaptic dopamine D2-type receptors within the caudate-putamen in the brain. The safety and effectiveness of apomorphine in pediatric patients less than 18 years of age have not been established (1-2).

Prior approval is required to ensure the safe, clinically appropriate, and cost-effective use of apomorphine while maintaining optimal therapeutic outcomes.

### References

- 1. Apokyn [package insert]. Rockville, MD: MDD US Operations, LLC; June 2022.
- 2. Kynmobi [package insert]. Marlborough, MA: Sunovion Pharmaceuticals Inc.; September 2022.

Policy History	
Date	Action
May 2021	Addition to PA
September 2021	Annual review
March 2022	Annual review and reference update
March 2023	Annual review and reference update. Changed policy number to 5.60.051
December 2023	Annual review
March 2024	Annual review
December 2024	Annual review
Keywords	

This policy was approved by the FEP® Pharmacy and Medical Policy Committee on December 13, 2024 and is effective on January 1, 2025.