
5.30.014

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| Section: | Prescription Drugs | Effective Date: | April 1, 2025 |
| Subsection: | Endocrine and Metabolic Drugs | Original Policy Date: | December 7, 2011 |
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Last Review Date: March 7, 2025

Sapropterin

Description

Kuvan, Javygtor (**sapropterin**)

Preferred product: generic sapropterin

Background

Prolonged high blood phenylalanine (Phe) levels are neurotoxic and lead to impairment of intelligence and other brain functions (such as attentiveness). Reduction of blood Phe levels through dietary control is an important determinant of long-term neurologic outcome in phenylketonuria (PKU) patients, and reduction of blood Phe levels in patients with PKU has been shown to decrease the long-term risk of neurologic injury. It is difficult for many patients to maintain reduced blood Phe, and many patients with PKU experience some degree of neurological impairment despite efforts to maintain dietary Phe control (1-2).

Response to treatment cannot be pre-determined by laboratory testing (e.g., genetic testing), and can only be determined by a therapeutic trial of sapropterin. Although long-term assessment of neurologic function in patients with PKU receiving sapropterin for the treatment of elevated blood Phe has not been done, sapropterin may help maintain reduced blood Phe levels as an adjunct to a Phe-controlled diet (1-2).

Regulatory Status

FDA-approved indication: Sapropterin is indicated to reduce blood phenylalanine (Phe) levels in patients with hyperphenylalaninemia (HPA) due to tetrahydrobiopterin- (BH4-) responsive phenylketonuria (PKU). Sapropterin is to be used in conjunction with a Phe-restricted diet (1-2).

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The most common side effects of sapropterin are headache, vomiting, diarrhea, runny nose, cough, and sore throat. Most of these side effects were mild and did not result in patients stopping sapropterin treatment (1-2).

During clinical trials, gastritis was reported as a serious adverse reaction. Monitor patients for signs and symptoms of gastritis (1-2).

Pediatric patients with PKU, 1 month to 16 years of age, have been treated with sapropterin in clinical studies (1-2).

Related policies

Palynziq

Policy

This policy statement applies to clinical review performed for pre-service (Prior Approval, Precertification, Advanced Benefit Determination, etc.) and/or post-service claims.

Sapropterin may be considered **medically necessary** if the conditions indicated below are met.

Sapropterin may be considered **investigational** for all other indications.

Prior-Approval Requirements

Age 1 month of age or older

Diagnosis

Patient must have the following:
Phenylketonuria (PKU)

AND ALL of the following:

- Tetrahydrobiopterin (BH₄) deficiency has been ruled out
- Phenylalanine-restricted diet
- Prescriber agrees to monitor phenylalanine levels
- NOT** being used in combination with Palynziq (pegvaliase-pqpz)
- Brand Kuvan and Javygtor ONLY:** Patient **MUST** have tried the preferred product (generic Kuvan: sapropterin) unless the patient has a valid medical

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exception (e.g., inadequate treatment response, intolerance, contraindication)

Prior – Approval *Renewal* Requirements

Age 1 month of age or older

Diagnosis

Patient must have the following:
Phenylketonuria (PKU)

AND ALL of the following:

- Phenylalanine-restricted diet
- Reduction from baseline phenylalanine levels of 30% or greater
- NOT** being used in combination with Palyzinq (pegvaliase-pqpz)
- Brand Kuvan and Javygtor ONLY:** Patient **MUST** have tried the preferred product (generic Kuvan: sapropterin) unless the patient has a valid medical exception (e.g., inadequate treatment response, intolerance, contraindication)

Policy Guidelines

Pre - PA Allowance

None

Prior - Approval Limits

Duration 12 weeks

Prior – Approval *Renewal* Limits

Duration 12 months

Rationale

Summary

Reduction of blood Phe levels in patients with PKU has been shown to decrease the long-term risk of neurologic injury. In clinical trials of sapropterin in patients with PKU, reductions in blood

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Phe levels were observed in some patients. Pediatric patients with PKU, 1 month to 16 years of age, have been treated with sapropterin in clinical studies (1-2).

Prior authorization is required to ensure the safe, clinically appropriate, and cost-effective use of sapropterin while maintaining optimal therapeutic outcomes.

References

1. Kuvan [package insert]. Novato, CA: BioMarin Pharmaceutical Inc.; August 2024.
2. Javygtor [package insert]. Princeton, NJ: Dr. Reddy's Laboratories Inc.; October 2024.

Policy History

| Date | Action |
|----------------|---|
| December 2011 | Annual revision |
| December 2012 | Annual revision |
| March 2014 | Line-addition of 100mg oral powder packs |
| June 2014 | Annual editorial review and reference update |
| October 2014 | Change of age requirement to include 1 month of age and older |
| December 2014 | Annual review and reference update |
| September 2015 | Annual review and reference update |
| September 2016 | Annual editorial review and reference update Policy number change from 5.08.14 to 5.30.14 |
| December 2017 | Annual review and reference update |
| September 2018 | Annual editorial review, addition of no dual therapy with Palynziq. Addition of prescriber agrees to monitor phenylalanine levels for initiation. Removal of ruling out BH4 deficiency for continuation |
| December 2019 | Annual review |
| December 2020 | Annual review and reference update |
| June 2021 | Annual review and reference update |
| December 2021 | Annual review. Added requirement that brand Kuvan has to t/f the preferred product sapropterin |
| June 2022 | Annual review |

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| January 2023 | Changed policy name to Kuvan Javygtor. Addition of Javygtor to policy as a non-preferred medication. Changed policy number to 5.30.014. Removed hepatic monitoring from regulatory status per PI |
| March 2023 | Annual review |
| March 2024 | Annual review |
| March 2025 | Annual review and reference update |

Keywords

This policy was approved by the FEP® Pharmacy and Medical Policy Committee on March 7, 2025 and is effective on April 1, 2025.