

## 5.21.081

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<b>Section:</b>	Prescription Drugs	<b>Effective Date:</b>	January 1, 2026
<b>Subsection:</b>	Antineoplastic Agents	<b>Original Policy Date:</b>	June 17, 2016
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**Last Review Date:** December 12, 2025

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## Targretin

### Description

Targretin (bexarotene)

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### Background

Cutaneous T-cell lymphoma (CTCL) is a cancer of T-lymphocytes (white blood cells) that are involved in the body's immune system. The disease usually appears first in the skin, but may spread to other organs. Targretin is a member of the subclass of retinoids and selectively binds and activates retinoid X receptors (RXRs), causing a biological cascade that eventually regulates the expression of genes that control cellular differentiation and proliferation (1-2).

### Regulatory Status

FDA-approved indications:

**Targretin gel 1%** is indicated for the topical treatment of cutaneous lesions in patients with cutaneous T-cell lymphoma (CTCL) Stage 1A and 1B who have refractory or persistent disease after other therapies or who have not tolerated other therapies (1).

**Targretin capsules** are indicated for the treatment of cutaneous manifestations of cutaneous T-cell lymphoma (CTCL) in patients who are refractory to at least one prior systemic therapy (2).

### Off-Label Uses: (3)

1. Chronic Cutaneous T-cell lymphoma (CTCL)
2. Mycosis Fugoides (MF)
3. Sezary Syndrome (SS)
4. Primary Cutaneous CD30+ T-Cell Lymphoproliferative Disorders

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Targretin has a boxed warning for pregnancy due to being a member of the retinoid class of drugs because of the high association of these agents with birth defects. Therefore, this agent requires a negative pregnancy test within one week before starting therapy and monthly throughout therapy should be obtained. Additionally, effective contraception must be used throughout therapy and for at least one month following discontinuation of therapy. Male patients with sexual partners that are pregnant or could become pregnant must use condoms during sexual intercourse during treatment and for one month after discontinuation of treatment (2).

Safety and effectiveness in pediatric patients have not been established (2).

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### Related policies

#### Policy

*This policy statement applies to clinical review performed for pre-service (Prior Approval, Precertification, Advanced Benefit Determination, etc.) and/or post-service claims.*

Targretin may be considered **medically necessary** if the conditions indicated below are met.

Targretin may be considered **investigational** for all other indications.

### Prior-Approval Requirements

**Age** 18 years of age or older

#### Diagnoses

#### Targretin capsules

Patient must have **ONE** of the following:

1. Cutaneous T-cell lymphoma (CTCL) including the following:
  - a. Mycosis Fungoides (MF)
  - b. Sezary Syndrome (SS)
2. Primary Cutaneous CD30+ T-Cell Lymphoproliferative Disorders

#### Targretin Gel

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Patient must have **ONE** of the following:

1. Cutaneous T-cell lymphoma (CTCL) including the following:
  - a. Mycosis Fungoides (MF)
  - b. Sezary Syndrome (SS)
2. Primary Cutaneous B-Cell Lymphoma

**AND** the following for **ALL** formulations:

- a. Inadequate treatment response or intolerance to at least **ONE** prior therapy (systemic, irradiation, and/or topical).
- b. For female patients (if of reproductive potential)
  - i. Must not be pregnant
  - ii. A negative pregnancy test must be obtained within one week before starting therapy and monthly throughout therapy
  - iii. Agreement to use reliable contraception during therapy and for one month after discontinuation of therapy
- c. For male patients (if partner is pregnant or of reproductive potential)
  - i. Agreement to use condoms during therapy and for at least one month after discontinuation of therapy
- d. **Brand Targretin capsules only:** Inadequate treatment response, intolerance, or contraindication to generic Targretin: bexarotene

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## Prior – Approval Renewal Requirements

**Age** 18 years of age or older

**Diagnoses**

**Targretin capsules**

Patient must have **ONE** of the following:

1. Cutaneous T-cell lymphoma (CTCL) including the following:
  - a. Mycosis Fungoides (MF)
  - b. Sezary Syndrome (SS)
2. Primary Cutaneous CD30+ T-Cell Lymphoproliferative Disorders

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### **Targretin Gel**

Patient must have **ONE** of the following:

1. Cutaneous T-cell lymphoma (CTCL) including the following:
  - a. Mycosis Fungoides (MF)
  - b. Sezary Syndrome (SS)
2. Primary Cutaneous B-Cell Lymphoma

**AND** the following for **ALL** formulations:

- a. Patient has had improvement with treatment based either on CAILS score or decrease in severity of scaling, plaque elevation or surface area.
- b. For female patients (if of reproductive potential)
  - i. Must not be pregnant
  - ii. A negative pregnancy test must be obtained monthly throughout therapy
  - iii. Agreement to use reliable contraception during therapy and for one month after discontinuation of therapy
- c. For male patients (if partner is pregnant or of reproductive potential)
  - i. Agreement to use condoms during therapy and for at least one month after discontinuation of therapy
- d. **Brand Targretin capsules only:** Inadequate treatment response, intolerance, or contraindication to generic Targretin: bexarotene

### **Policy Guidelines**

#### **Pre - PA Allowance**

None

#### **Prior - Approval Limits**

**Duration** 12 months

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#### **Prior – Approval Renewal Limits**

Same as above

### **Rationale**

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## Summary

Targretin is a member of the subclass of retinoids indicated for the treatment of cutaneous manifestations of cutaneous T-cell lymphoma (CTCL) in patients who are refractory to at least one prior systemic therapy. Targretin has a boxed warning for pregnancy due to being a member of the retinoid class of drugs because of the high association of these agents with birth defects. Therefore, this agent is considered category X (1-2).

Prior approval is required to ensure the safe, clinically appropriate, and cost-effective use of Targretin while maintaining optimal therapeutic outcomes.

## References

1. Targretin gel [package insert]. Bridgewater, NJ: Valeant Pharmaceuticals North America LLC; February 2020.
2. Targretin capsules [package insert]. Bridgewater, NJ: Bausch Health US, LLC; April 2020.
3. NCCN Drugs & Biologics Compendium® Bexarotene 2025. National Comprehensive Cancer Network, Inc. Accessed on November 11, 2025.

## Policy History

Date	Action
June 2016	Addition to PA
September 2016	Annual review
June 2017	Annual editorial review and reference update
June 2018	Annual editorial review and reference update
June 2019	Annual review and reference update
June 2020	Annual review and reference update
December 2020	Annual review and reference update. Added requirement that brand Targretin capsule has to t/f the preferred product bexarotene
December 2021	Annual review and reference update
December 2022	Annual review and reference update. Changed policy number to 5.21.081
March 2023	Annual review and reference update
September 2023	Annual review and reference update
March 2024	Annual review and reference update
September 2024	Annual review and reference update
March 2025	Annual review and reference update
December 2025	Annual review and reference update. Removed MedEx requirement and switched to t/f

## Keywords

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**This policy was approved by the FEP® Pharmacy and Medical Policy Committee on December 12, 2025 and is effective on January 1, 2026.**